

Dentistry Preoperative Conscious Sedation Instructions

01. **Do not eat or drink after midnight on the night before the procedure.** If procedure is to be performed in the afternoon, the patient should not have anything to eat or drink for at least 6 hours prior to surgery.
02. Any medications that are normally taken should be taken with a **sip** of water, unless otherwise instructed by the doctor.
03. **A responsible adult must accompany you/ the patient and remain in the waiting room for the entire time of the planned procedure.** The procedure will not begin until the escort is in the waiting room. This person must be able to drive since you/the patient will not be able to drive for at least 24 hours after sedation. The escort must have a car in the immediate area during the procedure.
04. Loose clothes should be worn.
05. Contacts should not be worn the day of the planned procedure.
06. The procedure cannot be performed if you have severe cold, sore throat, or sinus infection with excessive drainage. If you develop any of these problems prior to your appointment, please call the the office so that we can reschedule your appointment.
07. No make-up, earrings, or any jewelry (including body jewelry). Please **remove fingernail polish.**
08. While taking antibiotics, birth control pills may become ineffective. Extra precautions should be taken while you are on antibiotics.
09. **Be here 30 minutes prior to your appointment time. If you are late, or do not have attendant, your appointment will be rescheduled.**
10. Please call (334) 279-6488 to reschedule or cancel your appointment. Please give us 48 hours notice for schedule changes.